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Title: Doctrine of Spirit

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Lothar detailed the great importance of spirit as it related to the discovery of new shapes. He argued that many shapes dwell within ourselves, and that some are more easily revealed than others. In his infamous tale now taught to most pupils of House Bjornaer, he described how he sought to discover the shape of the mighty wolf so that he might frighten away enemies and protect his home from poachers. For several months he carefully observed the motion and habits of a pack of wolves. Yet his study of the beast was in vain, for much to his surprise he succeeded only in discovering the shape of the wolf's frequent prey in the valley, the sheep. Although he was initially startled by this surprising result, he soon understood the significance of the attempt. Lothar had ignored his own spirit, for he had always been a peaceful man. Much more did he have in common in thought and deed with the sheep than the ruthless wolf. The wolf might still reside within him, but

the sheep was more  
prevelant and easier  
for him to find. He  
used this tale to  
caution other magi of  
Bjornaer to heed their  
spirit, rather than be  
frustrated by attempts  
to reach beyond their  
own self.